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| **Date** | **Family** | **Hours** | **Purpose** | **Systemic Ideas** | **Learning** |
| 19/09/19 | V Family  Mary (m)  John (son)  SW (myself) | 2 | CP Home Visit | CMM and double binds | I just noticed possible ‘double binds’ in Mary’s communication and interaction with John regarding his father currently on bail for DV and not allowed to live at home. (i.e. he is not safe/ I don’t have a problem if you have contact with him/ I am scared he is stalking us/ he is silly we will be ok  When John went off to play I named this observation with Mary. I asked her to think about how she might think John would understand this. Mary said she had not realised this before and this was a good reflection. |
| 18/10/19 | C family Sharon MGM and SW myself | 2 | Direct work with caregiver SGO | Burnhams ideas of SG’s | Drew MGM’s genogram and expanded the child’s genogram enriching the story.  Realised the therapeutic power a genogram has besides the information that it offers. Also. How fragile and vulnerable one can become while sharing their story while seeing the visual representation.  The process taught me how to be sensitive, careful and humble when I do this with clients |
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